



yoga republic

STATIONARY CLASS SCHEDULE

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Zbawiciela	Śniadeckich	Zbawiciela	Śniadeckich	Zbawiciela	Śniadeckich	Zbawiciela	Śniadeckich	Zbawiciela	Śniadeckich	Zbawiciela	Śniadeckich	Zbawiciela	Śniadeckich
		7.30 - 8.30 Vinyasa Morning Flow Aga	6.30 - 9.00 Mysore Przemek	7.30 - 8.30 Ashtanga I Darek	6.30 - 9.00 Mysore Gabi	7.30 - 8.30 Vinyasa Morning Flow Aga	6.30 - 9.00 Mysore Przemek		6.30 - 9.00 Mysore Gabi	8.00-10.00 Mysore Przemek		8.00-10.15 Mysore Gabi	
		9.30-10.30 Ashtanga I Gabi		9.30-10.30 Vinyasa Morning Flow Marta		9.30-10.30 Ashtanga I Gabi		9.30-10.30 Vinyasa Morning Flow Marta		10.15-11.30 Vinyasa Flow Aga		10.15 - 11.30 Ashtanga II Gabi	
		11.00-12.15 Prenatal Yoga Ola				11.00-12.15 Prenatal Yoga Ola				11.30 - 12.45 Happy Spine Gabi		11.30 - 12.45 Vinyasa Morning Flow Iza	
13.00 - 14.00 Lunch Time Yoga Iza				13.00 - 14.00 Lunch Time Yoga Iza				13.00 - 14.00 Lunch Time Yoga Marta		12.45 - 14.00 Ashtanga I Gabi		12.45 - 13.45 Regeneracja Iza	
16.30-17.30 Vinyasa Flow Małgo	16.30-18.30 Mysore Darek			16.30-17.30 Vinyasa Flow Marta	16.30-18.30 Mysore Przemek				16.30-19.00 Mysore Przemek				
17.30-18.45 Ashtanga I Ola		17.30-18.45 Vinyasa Flow Małgo	18.00 - 19.15 Ashtanga I Małgosia	17.30-18.45 Ashtanga I Darek		17.30-18.45 Vinyasa Flow Marta	18.00 - 19.15 Ashtanga II Iza	17.30-18.45 Vinyasa Slow Flow Róża		17.30-18.45 Vinyasa Slow Flow Iza		17.30-18.45 Ashtanga I Aga	
18.45-20.00 Vinyasa Slow Flow Ola	18.30 - 20.00 Ashtanga II/III Gabi	18.45-20.00 Ashtanga II Gabi	18.15 - 19.45 Mysore Róża	18.45-20.00 Vinyasa Slow Flow Aga	18.30-20.00 Ashtanga II/III Przemek	18.45-20.00 Ashtanga I Marta	18.15 - 19.45 Mysore Gabi	18.45-20.00 Ashtanga I Róża					
20.00-21.15 Yoga Course for Beginners Marta		20.00-21.00 Happy Spine Wojtek	19.30 - 20.45 Yoga Course for Beginners Małgosia	20.00-21.15 Yoga Course for Beginners Marta		20.00-21.00 Happy Spine Aga	19.30 - 20.45 Yoga Course for Beginners Małgosia	20.00-21.00 Regeneration Aga					